



Food and Agriculture Organization
of the United Nations



INTERNATIONAL
**FOOD
WASTE**
COALITION

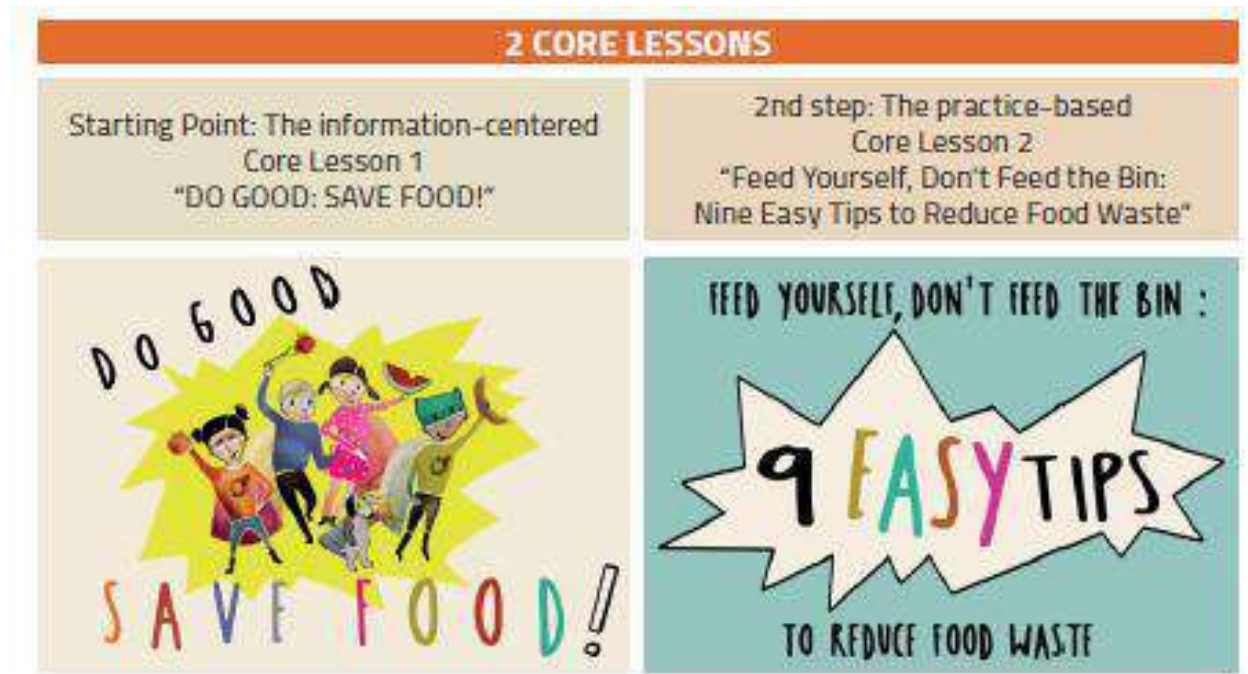
Educational Package
on
Food Waste Reduction
for
Primary and Secondary Schools



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Nutrition and food system division

Teaching Guides targeted to 4 age groups : **Save Food Super-Heroes!**



EACH guide includes **2 CORE LESSONS** + various follow-on activities including essential key messages designed to drive behavioral change



Games



Cut and paste

**FOOD SAVERS
(5 -7 years)**

Follow-on Activities

FOLLOW-ON ACTIVITIES	
Worksheets	Foster a deeper understanding of the topic's main issues, enable textualisation and consolidate content.
Discussions	Content-driven group activities that allow for further intellectual and/or creative involvement with the topic.
Games	Revisit the topic's main issues to give students the opportunity to deepen their understanding of these in a playful manner.
Writing exercises	Foster creative and cognitive involvement with the topic.
Projects	Hands-on, practice-based activities that take place over the course of several days and encourage behavioural changes.

Illustrative visuals; Voice over scripts; Practical Solutions for teachers' uses



Board Game

FOOD SAVERS
(14 years and above)

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Developing a diary



Illustrative visuals; Voice over scripts; Practical Solutions for teachers' uses

Projects to apply the 9 Tips : feed yourself don't feed the bin!

PROJECTS			
Save Food Diary	... keep track of and evaluate their efforts at reducing food waste at home.	Students practice and evaluate food-saving actions and introduce these to their families.	3 days
Food Savers' Token Board	... keep track of milestones in their food-saving activities at home and in school.	Students practice and evaluate food-saving activities.	several weeks
Spread the Word 	... design and distribute flyers with the key tips, and lead a guided interview with the people they shared the flyers with.	Students can recall, categorise and evaluate food saving.	90 min



FOOD SAVERS
(7 – 9 and 10 – 13 years)

PROJECTS			
Save Food Diary 	... keep track of and evaluate their efforts to reduce food waste at home.	Students practice and evaluate food-saving actions and introduce these to their families.	3 day period
Get Cooking 	... come up with recipes for commonly wasted food and try these at home.	Students determine and practice effective ways to re-use food that might otherwise have gone to waste.	45 min
Spread the Word	... design and distribute flyers with the key tips and lead a guided interview with the people they shared the flyers with.	Students can recall, categorise and evaluate food-saving practices.	90 min



**ADVOCATES for
FOOD WASTE REDUCTION**
(14 + years)

Do Good: SAVE FOOD!

An educational package
designed to transform the behaviors of children
and young adults from
FOOD WASTERS to SAVERS and ADVOCATES
for
food waste reduction